

Once you get into good prayer habits, what you will find is that being prayerful, and being in unity with God, is not work, effort, or a sacrifice of any kind. That is just the way that it should be.

Praying the Rosary every day is one of the best ways to put ourselves in a state of grace, and achieve all the other blessings listed above. Praying the Rosary is one of the best ways to live out our lives in contentment, peace, and in the fullness of happiness that God wants for us.

When we love with a grateful heart, the image of God in us shines through most clearly. As Catholics we are called to live a life of holiness. To live a life without sin and to do our best to put ourselves in a state of grace. We are called to love our neighbors as ourselves and we are asked to help the sick, the poor, the elderly, children in need, and friends and relatives who are distressed, as best as we are able. We are called to live our lives in the fullness of the truth and to make decisions based on a fully informed consciousness.

THE POWER OF PRAYER

INTRODUCTION TO THE ROSARY



God made us and our hearts are made for God. We can only experience the fullness of peace, happiness, and love if we are in unity with God. Prayer is one of the best ways to achieve that unity. The Rosary is one of the best forms of prayer to open our hearts to God.

By initiating family prayer together, your example of honesty in thought and action, joined in praying the Rosary, is a lesson for life, an act of worship of singular value, that will be passed on to future generations, and will strengthen their families as well.

What you will find is that when family members pray the Rosary together, it creates an unshakable bond. It also creates possibilities for the future that never existed before. It strengthens the love that family members already have for each other and takes it to new heights.

Once you learn to pray the Rosary, we would like to encourage you to set up a regular time to pray the Rosary together with other family members.

There is an old saying that "The family that prays together, stays together." In the current culture, there are stresses and pressures on the family that gives this saying a timeless value.

THE FAMILY ROSARY

THE PERSONAL ROSARY

(Adoration of the Blessed Sacrament)

Eucharistic adoration is prayer before the Blessed Sacrament, whether or not the Eucharist is exposed. Once you learn to pray the Rosary we would like to encourage you to pray the Rosary before the Blessed Sacrament as often as you can.

All Catholic Churches have a Blessed Sacrament Chapel or an area for prayer in which they keep a Chalice that contains the Sacramental presence of Jesus in the form of the Eucharist (a host).

No matter what stage of life we are at we all have things we need to pray for. What you will find is that praying the Rosary in the presence of the Blessed Sacrament will bring you a sense of peace, and bring you closer to God in ways in which you did not have before.

May God guide, bless, and protect you in all things and in all ways.

5. Institution Of The Eucharist
 4. The Transfiguration
 3. Proclamation Of The Kingdom Of God
 2. The Wedding At Cana
 1. The Baptism of Jesus
- (Said on Thursdays)

THE LUMINOUS MYSTERIES

5. The Coronation of the Blessed Virgin Mary
 4. The Assumption
 3. The Descent of the Holy Spirit
 2. The Ascension
 1. The Resurrection
- (Said on Wednesdays, and the Sundays from Easter until Advent)

THE GLORIOUS MYSTERIES

5. The Crucifixion
 4. Carrying Of The Cross
 3. Crowning With Thorns
 2. Scourging at the Pillar
 1. Agony in the Garden
- (Said on Tuesdays and Fridays throughout the year, and daily from Ash Wednesday until Easter Sunday)

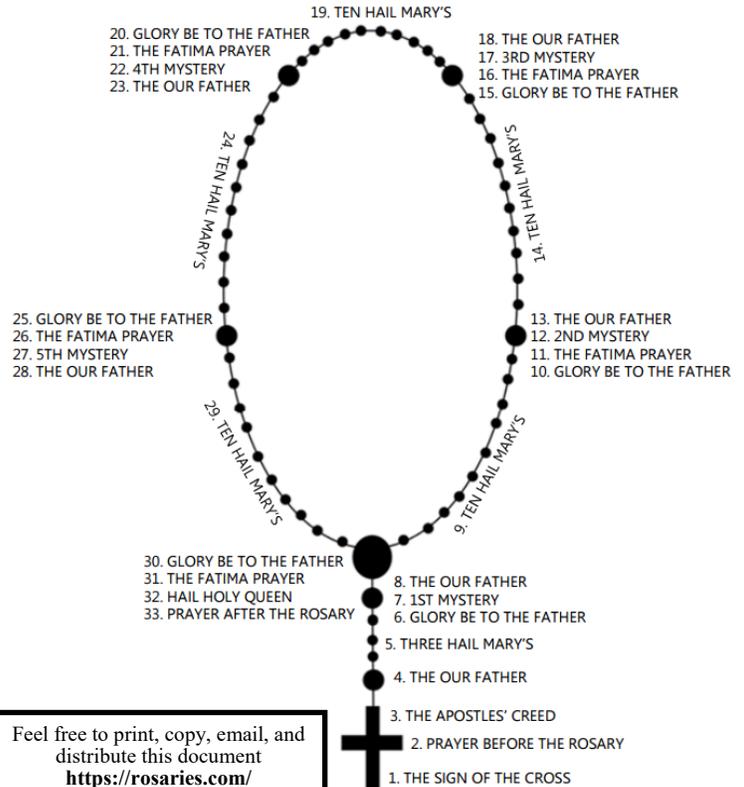
THE SORROWFUL MYSTERIES

5. Finding in the Temple
 4. The Presentation
 3. The Nativity
 2. The Visitation
 1. The Annunciation
- (Said on Mondays and Saturdays, the Sundays of Advent, and Sundays from Epiphany until Lent)

THE JOYFUL MYSTERIES

MYSTERIES OF THE ROSARY

HOW TO PRAY THE ROSARY



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THE HAIL MARY: HAIL MARY, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE OUR FATHER: OUR FATHER, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

THE APOSTLES' CREED: I BELIEVE IN GOD the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

PRAYER BEFORE THE ROSARY: QUEEN OF THE HOLY ROSARY, you have deigned to come to Fatima to reveal to the three shepherd children the treasures of grace hidden in the Rosary. Inspire my heart with a sincere love of this devotion, in order that by meditating on the Mysteries of our Redemption which are recalled in it, I may be enriched with its fruits and obtain peace for the world, the conversion of sinners and of Russia, and the favor which I ask of you in this Rosary. (Here mention your request.) I ask it for the greater glory of God, for your own honor, and for the good of souls, especially for my own. Amen.

THE SIGN OF THE CROSS: IN THE NAME of the Father, of the Son, and of the Holy Spirit. Amen

PRAYERS OF THE ROSARY

PRAYERS OF THE ROSARY (CONTINUED)

GLORY BE TO THE FATHER: GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

THE FATIMA PRAYER: O MY JESUS, forgive us our sins, save us from the fire of hell, take all souls to heaven, and help especially those in most need of Your mercy. (Our Lady at Fatima, June 13, 1917)

THE HAIL, HOLY QUEEN: HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, your eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

PRAYER AFTER THE ROSARY: O GOD, WHOSE only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating on these mysteries of the Most Holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May the divine assistance remain always with us. Amen. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.